



## CLOTHING LIST

*It must be understood that ALL items are the responsibility of the owners and should be **CLEARLY LABELLED**.*

**This is a suggested list only**

- Bag to pack everything in
- 2 sheets and a pillow case or sleeping bag and pillow slip**  
**(Supplied One Doona and one blanket plus a pillow). Dorms are centrally heated**
- Long pants—jeans or cotton trousers, loose and tough
- 1-2 Long sleeved t/shirt or collared shirt
- 2-3 T/shirts or polo shirts
- Jumper or wind cheater
- Jacket, wool or polar fleece
- 1-2 pair Shorts
- 4-5 pair Socks
- 5 pair Underwear
- Hat
- Beanie for winter                      Gloves if you feel the cold in winter
- Pyjamas or track suit
- Raincoat or rain jacket
- Small folding umbrella for winter bushwalking
- Bathers
- 2 Towels (Beach towel and a bath towel)
- Boots or shoes for bushwalking
- Runners 1 pair
- Thongs or sandals
- Toiletries
- Personal water bottle **(1 litre)**
- Day pack (small back pack)
- Personal Medicine
- Sunscreen
- Writing materials Book/s to read
- Teddy bear
- Small torch
- Pens/Pencils
- Small games, cards etc.
- Camera & spare film
- Bike Helmet - if mountain biking
- Blindfold for cooperation activities
- Other: \_\_\_\_\_

